

# What is MAT?

Medication-Assisted Treatment(MAT) are prescription drugs that can help manage withdrawal, pain, relieve cravings, prevent you from getting high, or make you sick if you try. Some people find a lower level of rush or euphoria easier to manage, for others it's a way to prevent or reduce withdrawal symptoms. Some people prefer MAT drugs because they are regulated so they don't have to worry about what's been cut into them.

MAT drugs are a tool that helps manage our relationships with drugs.

# **Examples of MAT**

## **Opiods**

**METHADONE /** DOLPHINE / METHADOSE

Eliminates withdrawals, relieves cravinas, and manages pain. Can include euphoria.

**BUPRENORPHINE /** SUBOXONE / SUBLOCADE

Reduces cravings and withdrawal without producing euphoria

### **Alchohol**

ACAMPROSATE / **CAMPRAL** 

Reduces cravings and withdrawal symptoms

DISULFIRAM / **ANTABUSE:** 

Causes hang-over-like effects when alcohol is used

**NALTREXONE** / VIVITROL:

Prevents the positive effects of alcohol and opioids

### **Stimulants**

**VYVANSE:** 

LISDEXAMFETAMINE / Reduces cravings and withdrawals from amphetamines

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